

## 내 신 대비문제

09개정영어2 능력(이)  
1과

[1-3] 다음 글을 읽고 물음에 답하시오

1. Relieve stress, exercise and get sleep to make your body ready to learn.
2. Get an overall view and then narrow down to details.
3. Do one thing at a time; do not multitask.
4. Keep yourself motivating for learning.

Hello, everyone. Nice to meet you. I'm Garen McGuire, an academic advisor at the student counseling center. As the new semester starts, you may have set goals improving your academic performance. For this reason, I would like to give you some helpful tips on how to learn more efficiently.

1. 본문의 제목으로 가장 적절한 것은?

- ① Start with Ultimate Goal in Mind!
- ② The Wonders of being Motivated
- ③ Focus on the Learning Not Stress
- ④ Details Makes Learning Better
- ⑤ The Secrets of Efficient Learning

2. 본문에서 어법상 틀린 것을 찾아 바르게 고치시오 (2개)

3. 밑줄 친 문장을 의문사 절로 바꾸시오

[4-9] 다음 글을 읽고 물음에 답하시오

The condition of your body is ①influential in learning. There are numerous factors that have an impact on your body such as stress, exercise, and sleep. Chronic stress is one of the core elements ①that (가)당신이 효율적으로 배우는 것을 방해한다. So one important step in preparing your body for learning is getting rid of stress. Unless you react ⑥properly to everyday pressures, your body will release too much \*adrenaline and \*cortisol, ②which decreases your capacity to learn.

(1) The chemicals your body produces under stress can be cut down or ③eliminated through exercise. (2) So if you exercise on a daily basis, you can learn more ④efficiently by reducing your stress level. (3) It is also important to get enough sleep if you want to boost your ability to learn. (4) You may think you're ④saving time when you sleep, but actually your brain is busy processing, organizing, and storing the information ④what you've been trying to learn while you were awake.

(5) So ⑤to prepare yourself to learn, you should first be able to ⑥handle everyday pressures, and get enough (A) and (B).

4. 밑줄 친 ①-⑤ 중 어법상 틀린 것은?



5. 밑줄 친 ㉠-㉢ 중 문맥상 적절하지 않은 것은?

6. 흐름상 주어진 문장이 들어갈 가장 적절한 것을 (1)-(5) 중에서 고르시오

Furthermore, research shows that people who have an active lifestyle have better attention spans, memories, and motor skills.

7. 밑줄 친 문장 (가)를 영작하시오

8. 빈칸 (A),(B)에 들어갈 말은?

9. 본문의 제목으로 가장 적절한 것은?

- ① A Myth of Efficiency
- ② How The Body Works
- ③ Can Learning Be Boosted?
- ④ It's a Matter of Body
- ⑤ Prepare Your Body for Learning

[10-15] 다음 글을 읽고 물음에 답하시오

When you look at a scene in front of you, you don't initially see it ㉠implicitly in every detail. You notice the overall visual image and the sounds ㉡to reach your ears before you begin to recognize any particular part of the scene. That's the typical way ㉢in which your brain works. First, it perceives the subject in the entire figure or pattern all at once, and then it starts \_\_\_\_\_.

(1) When you're learning something new, it's ㉣desirable (가) 최대한 활용하다 the brain's

natural processing sequence. (2) Once you've learned that ㉤smaller part, you'll have a better ㉥understanding of the whole idea when you go back to the overall view. (3) Then you can pick out another detail to work on. (4) By repeating this process, something ㉦that seems overwhelmingly ㉧difficult can be broken down into simpler tasks. (5) In the end, you'll find ㉨that even ㉩complicated things you thought you could never learn are actually not so hard.

10. 밑줄 친 ㉠-㉤ 중 어법상 틀린 것은?

11. 밑줄 친 문장 (가)를 영작하시오

12. 밑줄 친 ㉠-㉢ 중 문맥상 적절하지 않은 것은?

13. 빈칸에 들어갈 말로 가장 적절한 것을 고르시오

- ① to evaluate what it is
- ② to assemble each part
- ③ to interpret the whole thing
- ④ to sort out the details
- ⑤ to figure out the scene

14. 흐름상 주어진 문장이 들어갈 가장 적절한 것을 (1)-(5) 중에서 고르시오

Look at the big picture first, and then choose a smaller part to focus on.



15. 본문의 제목으로 가장 적절한 것은?

- ① The Understanding of Details Leads
- ② Does Perception Really Earn More Understanding?
- ③ Narrow Down Details of an Overall View
- ④ Details Always Makes Remembering Harder
- ⑤ It Is Overall View that Matters Most

[16-18] 다음 글을 읽고 물음에 답하십시오

To make something you perceive part of your long-term memory, you have to pay conscious attention to it. To keep your attention focused, you have to avoid multitasking. If you listen to music, send text messages or watch TV out of the corner of your eye while you're studying, you may lose your focus and lower your learning efficiency. The brain works better when your conscious attention is strictly focused on one thing at a time. If you develop the habit of quiet attentiveness when you study, you'll find that you learn more quickly, and therefore have less time leaving to do the other things you want to do.

16. 밑줄 친 ①-⑤ 중 어법상 틀린 것은?

17. 밑줄 친 ㉠-㉢ 중 문맥 상 적절하지 않은 것은?

18. 본문의 제목으로 가장 적절한 것은?

- ① The Worlds Needs Multi-Players
- ② Complicated: New Value
- ③ Focus on What You Learn
- ④ Don't Fear the Complication
- ⑤ Learn Through Listening and Watching

[19-23] 다음 글을 읽고 물음에 답하십시오

### Stay Motivated

Effective learning is closely related with your (A). When you feel excited about what you're learning and happy about the progress (가)that you have made, you give a tremendous boost to your ability to learn. (1) So try to find what truly interests you and enjoy the journey of learning. (2) Another way to boost learning is to put what you learned into (B). (3) \_\_\_\_\_, when you memorize words in a foreign language, you may find (나)that they keep slipping away unless you don't review them often. (4) When you study something, experiment with it and find fun ways to learn it. (5) You'll realize (다)that you can master it with much less effort than you would if you just memorized it off the page of a textbook.

19. 밑줄 친 단어 (가),(나),(다)의 쓰임은 무엇인가?

20. 빈칸 (A),(B)에 들어갈 말은?

21. 밑줄 친 ㉠-㉢ 중 문맥 상 적절하지 않은 것은?



22. 빈 칸에 들어갈 알맞은 연결사는?

23. 흐름상 주어진 문장이 들어갈 가장 적절한 것을 (1)–(5) 중에서 고르시오

On the other hand, when you get a chance to actually use a word you've memorized, you'll find that it's much easier to recall the next time you need it.

[24–25] 다음 글을 읽고 물음에 답하시오

To summarize, keep your body ①susceptible to stress by getting plenty of exercise and sleep. Learn by ②gathering a broad overview of a subject before ③breaking it down into smaller tasks that you can manage. Always be attentive by focusing on what you study. Stay motivated \_\_\_\_\_ into your learning. You can learn more ④efficiently by following these strategies, and learning will actually become fun. Now put together all the strategies you have just learned, and ⑤formulate your own personalized study plan.

24. 밑줄 친 ①–⑤ 중 문맥 상 적절하지 않은 것은?

25. 빈칸에 들어갈 말로 가장 적절한 것을 고르시오

- ① by overcoming your weak point
- ② by learning and finding efficiency in learning
- ③ by planning and keeping strategies
- ④ by realizing and memorizing the learning secrets
- ⑤ by adding your actions and emotions



정답

1. 5

2. motivating → motivated / improving → to improve

3. 5

4. 4

5. d

6. (3)

7. hinder you from learning efficiently

8. exercise, sleep

9. 5

10. 1

11. to make the best of

12. a

13. 4

14. (2)

15. 3

16. 5

17. e

18. 3

19. 접속사, 관계사

20. emotions, action

21. c

22. For example

23. 4

24. a

25. 5

